

Sahaja Yoga Centre Address

Centre	Address	Time	Contact
Kolkata			
Subhash -gram/ Harinavi (Ashram)	'Sahaja Ashram', 43/1 - Ashok Shastri Road, Harinavi, Subhash -gram, Kolkata - 700148	Wednesday 5:30 p.m.	Mr. Sanjay Jaiswal 8013448975 Mrs. Manasi Roy 9330995661
Lal Bazar (Main Centre)	'Shah -House', P - 34 India Exchange Place (2nd Floor), Kolkata – 700001	Sunday 10:45 a.m. Tuesday 6:30 p.m. Saturday 5:30 p.m.	Mr. Biplab Das 9330933875
Tollygunj	38 - Jubilee Park, Near Child Play School, Tollygunj, Kolkata -700033	Friday 7:00 p.m.	Mrs. Rupa Ghosh 9836965352
Gariahat	167/G -Rashbehari Avenue, Yashoda Bhavan, G -Block (3 rd Floor), Kolkata -700019	Thursday 6:30 p.m.	Mrs. Rani Shah 9331022234
Santoshpur/Jadavpur	Modern Land Girl's High School, 89/A Santoshpur Avenue, Kolkata - 700075	Tuesday 6:30 p.m.	Mrs Anuradha Ray 9330260302

Behala	695 -Diamond Harbour Road, Hindustan Sangha Club, Hindustan Park, Behala, Kolkata -700034	Sunday 5:30 p.m.	Mr. Banshilal Sharma 9903707001
Bhawanipur	Gitabitan Musical School, 12, Priyanath Mullick Road, Opposite Purna Cinema, Kolkata -700025	Monday 6:00 p.m.	Mrs. Subhra Biswas 9831328500
Ultadanga	Iswar Chandra Nivas, Flat No. A 6/8, 68/1	Monday 6:00 p.m.	Mrs. Monika Das 9830156621
Salt lake	Community Hall, Block - AH, Near Water Tank No.7, Plot No.-168 Salt Lake Sec II	Friday 6:00 p.m.	Mr. Jiban Mondal 9748918251
Patipukur	Block - J, Flat No. 8, 69/1, S. K. Deb Road, Patipukur, Tentultala Bus Stop, Kolkata - 700048	Thursday 6:30 p.m.	Mrs. Rina Rakshit 8479986782
Paikpara	'Sahaja Neer', 139/2 - Indra Biswas Road, Near Tala Bridge (Opp. Ladies Park), Kolkata - 700037	Sunday 6.00p.m.	Mrs. Rintu Bhattachrya 9432103155
Bagbazar	547A, Rabindra Sarani, Baroda Bank Building, 3rd Floor, Flat No. 3d.	Sunday 3:30 p.m.	Mr. Arun Singhal 9831536094

Sinthi	41/1 P -Mondal Para Lane, Sinthi More, Via Sambhunath Das Lane, Kolkata -700090	Monday 6:30 p.m.	Mrs. Uma Sarkar 9432223737
Nager Bazar	5 - Dum Dum Road, 1 st Floor, Nager Bazar More, Next To South Dum Dum Municipality,	Friday 6:30 p.m.	Mrs. Sumita Mazumdar 9836568089
Agarpara	C/O. - R. K. Industries, 25 - Netaji Subhash Road, Panihati, Mullarhat, Agarpara, Kolkata - 700109	Thursday 6:30 p.m.	Mr. Avisekh Deb Gupta 7278833058/ 9830891985
Barrack- Pore I	C/O. – Seva Kendra, Bholagiri Road, Near Chara Paisa Ghat, Maniram -pore, Barrack - pore, Kolkata -700120	Sunday 6:00 p.m.	Mrs. Anjana Basu 9477718264
Barrack- Pore II	C/O. - Mr. Arup Dasgupta, Anandi Apartment, Kaliya Nivash, Ghosh Para Road, Barrackpore, Kolkata - 700120	Wednesday 6:00 p.m., Sunday 6:30 p.m.	
Madhyam-gram	Basu Nagar, Bashbhumi (1st Floor), Gate No. 2, Madhyam -gram, Kolkata - 700129	Friday 6:30 p.m.	Mrs. Arpita Mitra 9339747245
Barasat	‘Rity’ (House Of Rity Medical Stores), Santosh Sarani, Banamali -pur, Barasat, Kolkata -700124	Sunday 6:00 p.m.	Mr. Rivu Nandi 9830670740/9674139203, Mrs. Bharati Rakshit 9433156462

North 24 Pgs.

Dattapukur	'Nirmala Bhavan', Vill. - Nibadhai Uttarpara, P. O. - Dattapukur, Dist. - 24 Pgs(N.), Pin - 743248	Wednesday 4:00 p.m.	Mr. Shyam Sarkar 9230426160
Ashoknagar	C/O Nirupama Gharami (Ex-Municipal Councilor, 10no. Ward), 53/A/2 Ashoknagar, Near 2no. Scheme Playground & Jubak Sangha Club.	Sunday 5:30 p.m.	Mrs. Tanima Saha 8538818267
Habra	Jorabari, Opp. Sky Lab Computer Centre, Habra	Thursday 5:30 p.m.	Mrs. Santana Pandey 9609107613
Kolsur	Bungalow Badi (Opp. Primary Health Centre), Vill. + P. O. - Kolsur, Machhland -pur, Dist. - 24Pgs (N.), Pin - 743438	Monday 4:30 p.m.	Mr. Mohan Samanta 8926543180
Bhatpara	Chatra Samaj Mancha, Babupara, Bhatpara, Dist-North 24Pgs	Thursday 5.00 p.m.	Mr. Tapan Bhattacharya 7439032892
Belgharia	16 - Nilkantha Chatterjee Street, P. O. - Belgharia, Dist. - 24Pgs(N.), Pin – 700056	Sunday 6:00 p.m.	Mrs. Krishna Banerjee 8961624872
South 24 Pgs.			
Ghoshpara	Basudebpur, Suprobhat Sishubihar Sahaja Yoga Dhyankendra, Ghoshpara	Sunday 4.00 p.m.	Mr. Uttam Halder 8515025578
Jhingapole	Baro Aamira Sahaja Yoga Dhyan Kendra, Jhingapole, Near Diamond Harbour	Thursday 6.00 p.m.	

Howrah			
Salkia	87 - G. T. Road, Near Nandi Bagan Telephone Exchange, Salkia, Howrah - 711106	Thursday 6.30 p.m.	Ms. Kamaljit Saund 9051847654
Nadia			
Kalyani	B- 17/113, Kalyani Ghoshpara, Nadia	Saturday 5.00 p.m.	Mrs. Anjali Adhikari 9432429355
Halisahar	Hukum Chand, Bolurpara, P.O. Hajinagar	Sunday 5.30 p.m.	Mr. Jamun Shaw 9143535224
Gayeshpur	C/O Ujjala Dalal, Ward No. 8/719, Dighir Par	Sunday 5.00 p.m.	Mr. Pradip Chatterjee 9339664465
Hooghly			
Chadannagar	C/O Mr. M.B. Sengupta, Boraichanditala, P.O. Chadannagar, Hooghly- 712136	Sunday 6.00 p.m.	Mrs. Mitali Dey 9836628118
Hooghly (Pankhatuli)	Pankhatuli, Old Kapasdanga, Near Asok Sangha Club / Hooghly Ghat Station, P.O. Hooghly, Dist - Hooghly	Sunday & Tuesday 5.30 p.m.	Mr. Sourav Dey 9432164602
Chinsurah (Vidyasagar Pally)	Pearabagan, Vidyasagar Pally, Chinsurah, Dist -Hooghly	Friday 6:00 p.m.	Mrs. Sudipa Roy Chaudhury 9674524695
Chinsurah (Kanakshally)	C/O Gautam Karmakar , Beside Lane of Sitala Mandir, Near Kanakshally Swimming Pool, Kanakshally Nandipara, Chinsurah. Dist -Hooghly	Tuesday , Friday & Sunday 5.30 p.m.	Mr. Alope Nandy 9903135444 / 9804280686

Bandel	Joy-Jayanti, Bazar 6/897 Katghala Lane, Chawk Bazar, Bandel. Dist –Hooghly	Saturday 5:00 p.m.	Mr. Alok Chandra 9836982151
Bhadreswar	59, Station Road, Haritakitala, Lichubagan, 2 Bhadreswar, Hoogly - 712124	Saturday 5:30 p.m.	Mrs. Debalina Das 9433355827
Baidyabati	21 Chatterjee Para Lane, Baidyabati, Hooghly 1	Thursday 6.00 p.m.	Mrs. Bithika Roy 8420175196
Uttarpara	Sreema Apartment 2 nd Floor, Flat No. - 201/202, 38 S N Banerjee Road, P.O. - Uttarpara, Dist –Hooghly	Sunday 6.00 p.m.	Mrs. Kaberi Dey 9038368402
Rishra	‘Gulabkunj’, 89/102 Ramdas Gargari Lane, Bangur Park, Rishra	Sunday 5.30 p.m.	Mr. Bidesi Paswan 9433007194
Tarakeshwar	Tarakeshwar Madhya Chawalpatti, Bakul Tala, Tarakeshwar Dist-Hooghly	Sunday 5:00 p.m.	Mr. Naren Bhakat 8609599533
	JK Bazar, Battala (Near Telephone Exchange), Tarakeshwar	Saturday 5:00pm	Mr. Haradhan Jana 9093198149

	Shri Mataji Bhawan (Nirmala Marriage Hall), G.T. Road, Near Tarkeshwar Station, Dist - Hooghly	Thursday 6:00 p.m.	Mrs. Pratima Adhikari 9734787976
Nandarambati	Nandarambati, P.O. Kashipur, Dist. –Hooghly 1	Thursday 6.00 p.m.	Mrs. Shyamaly Guchait 9732627028
Kamarkundu	Shri Mataji Centre, Beraberi bazaar, P.O. Bazimeliya, Kamarkundu Dist -Hooghly	Tuesday 4.00 p.m.	Mr. Ram Chandra Barik 9339889624
Ramchandrapur	vill. Ramchandrapur, P.O. Dhaniakhali, Dist - Hooghly	Saturday 4:00 p.m.	Mr. Sambhu Koley 9874686530
Khaladpur	vill. Khaladpur, P.O. Hazigarh. P.S. Gurap, Dist-Hooghly	Friday 5:00 p.m.	Mrs. Santana Ghosh 8391045189
Gentegore	vill. Gentegore P.O. Boso Dist-Hooghly	Monday 4:00 p.m.	Mr. Madhab Bera 9474725206

Aarambag	Arambag Noa Para, Dist-Hooghly	Saturday 4:00 p.m.	Mr. Sumanta Bag 8001683977
Salalpur	Vill. Salalpur, P.O. Kananadi , P.S.- Dhaniakhali, Dist. – Hooghly 2	Saturday 5.00 p.m.	Mr. Jayanta Shee 7699402652
Gangesnagar	Gangesnagar, P.O. Sahabazar, P.S.- Dhaniakhali, Dist – Hooghly	Tuesday 5.00 p.m.	Mr. Badal Das 9635954835
Goghat	Goghat Bakultala, Dist-Hooghly	Thursday 4:00	Mr. Madan Pan 9614012768 / 9563757709
Sibaichandi	Vill. Sibaichandi, P.O. Boso, Dist. – Hooghly	Sunday 4.00 p.m.	Mr. Jayanta Bhattachrya 9830571497
Boinchi	Near GT Road Chowmatha, Vill & P.O. - Boinchi, Dist –Hooghly	Sunday 4:00 p.m.	Mr. Surendra Nath Rai 9433412344 / 8372941200
Pandua	Telipara More, Near BDO Office P.O. – Pandua, Dist –Hooghly	Sunday 9:00 a.m.	Mr. Goutam Pal 8967343734
Khanyan	Khanyan Chowmantha P.O. Khanyan, Dist - Hooghly	Saturday 4:30 p.m.	Mr. Subhasish Koley 9800109019
Bansberia	C/O Raju Sen, Sarkari Pally, Bansberia, Near Mitali Sangha, Hoogly	Saturday 6.00 p.m.	Mr. Pradip Kr. Samanta 8514878151

Triveni	C/O Mrityunjay Ghosh, Masterpara, Near Triveni Station, Hoogly - 712503	Thursday 5.30 p.m.	Mr. Jayanta Ghosh 9007797956
Birbhum			
Bolpur	Paschim Gurupally, Santiniketan Near Gadadhar Ashram,P.O. Bolpur Dist-Birbhum	Wednesday 5.30pm	Mrs. Sima Sarengi 8016836628
Purulia			
Purulia	Munsefdanga Near Pathsala School, Purulia	Saturday 5.00 p.m.	Mrs. Vibha Singh 9832126464 Mrs. Sunanda Banerjee 8436091156
Midnapur			
Kharagpur (opp. IIT Tech Mart)	Technology Staff Club(opposite IIT Tech.Market), IIT-Kharagpur Dist- West Midnapur Pin-721302	Sunday 10.00 a.m.	Mr. Dasarath Yadav 9832710303
Kharagpur (Jaihind Nagar)	Mordern Club, Jaihind Nagar, Kharagapur Dist- West Midnapur Pin-721302	Sunday 5.30p.m.	Mr. Benugopal 9732852900
Contai	Municipality Community Hall(1st Floor)Contai House Owner's Association(Opp.T.V.Relay Centre),Contai Dist:East Midnapur. Pin-721410	Saturday 5.30 p.m.	Mrs. B. Bhattacharya. 9232695703
Tamluk	Steamar Ghat.Tamluk Dist-East Midnapur.pin-721636	Sunday 6.00 p.m.	Mr. Gautam Maity 9474404066

Midnapur (Sangat Bazar)	Sangat Bazar, near Jagan nath Mandir in the house of Mr. Rajkumar Jana. Midnapur Dist- West Midnapur pin-721001	Thursday 7.00 p.m.	Mr. Rajkumar Jana 9735407563
Burdwan			
Burdwan (Saraitikore More)	Saraitikore More, Kesabganj Chati, Rajbari, Burdwan	Sunday 5.00 p.m.	Mr. Ashish Kr. Bhattacharjee 9153311492
Burdwan (Anandapally More)	2 Anandapally More, Boranilpur, P.O: Sreepally, Burdwan - 713103	Sunday 11.00 a.m.	Mr. Dhanuk Kr. Shaw 9232096484
Burdwan (Bajepratappur)	Aaloodanga, Sadhanpur, Burdwan 2	Thursday 6.30 p.m.	Mrs. Sathi Mondol 9153114571
Panagarh (Army Base)	C/O R.K.Singh, Qtr. No. – A/7, Public 24C, Civil 9, Panagarh Base, Pin- 713420	Saturday 5.30 p.m.	Mr. R.K. Singh 9932513747
Panagarh (Kanksa)	Gram – Kanksa, Colony No. – 3, Beside Amaridanga Primary School P.O. Panagarh Bazar, Burdwan- 713148	Sunday 10.30 a.m.	Mr. Haripada Das 7679384630
Durgapur	2/39 David Hare Road, Durgapur- 713205	Sunday 5.00 p.m.	Mr. Mukesh Agarwal 9333744310
Barakar	8 Hat Palla, P.O. Barakar, Burdwan- 713326	Sunday 5.30 p.m.	Mr. Anil Poddar 9434015658

Asansol	Sahaja Yoga Dhyana Kendra, 'Oasis Dream', 4 th floor, Mother Teresa Road, Lower Chelidanga, P.R.Mukherjee Nursing Home	Sunday 5.30 p.m.	Mrs. Aparna Sengupta 9474120844
Raniganj	Durga Mandir, Bastola More, Vill+P.O. Ballavpur, Raniganj Dist- Burdwan - 713323	Thursday 4.30 p.m.	Mrs. Anjali Das 7031533950/8906204502
Chittaranjan	Chemari Colony, Near Mukta Mancha, Beside Ujjiban Blood Donation, Hindustan Cables Chittaranjan, Burdwan – 713365	Sunday 6.30 p.m.	Mrs. Mousumi Ganguly 9474377852
Mursidabad			
Berhampur	C/O Kaushik Samajdar, Bhakuri, Thakurpara, P.O.- Chaltia, Berhampur	Thursday 6.30 p.m.	Mr. Samarendranath Mondol 9051526511
Malda			
Farakka	Shiv Mandir, Near Sishu Tala Club, Farakka Barrage	Sunday 5.00 p.m.	Mr. Subhash Chakraborty 9434854213
Darjeeling			
Siliguri (Main Centre)	Green Valley Apartment, Near Vibgyor Club, Subhaspally, Siliguri	Saturday 6.00 p.m. Sunday 6.00 p.m. & Tuesday 7.00p.m.	Mr. Shiben Sarkar 9434818788
Siliguri (Milan More)	Siliguri Milan More, Siliguri, Dist- Darjeeling	Sunday 4.00p.m.	Mr. Neo Pani 9563408934

Babupara	Mother Teresa Sarani, Babupara, Siliguri	Sunday 6.00 p.m.	Mrs. Manshi Dey 9474091880
Jalpaiguri			
Chengmari Tea Estate	C/O Pusha Oraon, Upper Chengmari Tea Estate, P.O. Carron, Jalpaiguri – 735205	Sunday 8.00 a.m.	Mr. Pusha Oraon 9800294921
Banarhat	Nirmala Academy, Banarhat Bazar, Banarhat, Jalpaiguri – 735202	Sunday 10.00 a.m.	Mrs. Jayashree Khasnobis 9733122752
Lakhipara Tea Estate	C/O Rangalal Pradhan, Lakhipara Tea Garden, Factory Line, P.O. Banarhat, Jalpaiguri – 735202	Sunday 10.00 a.m.	Mr. Manojit Pradhan 9775926031
Jalpaiguri	C/O Dulal Chaki, Race Corse Para, Opp. Fire Brigade, Jalpaiguri	Sunday 6.00 p.m.	Mrs. Jayatee Hore Majumder 9434120494
Jaigaon	Sahaja Yoga Dhyana Kendra, Sahaja Niwas, Vivekananda Pally, Bhanubhakta Chawk, Jaigaon	Sunday 2.00 p.m.	Mr. Prem Sharma 9734931179
Alipurduar	Alipurduar Sahaja Yoga Centre, Surjanagar Near Play Ground, Alipurduar Court, Ward no. 8, Alipurduar	Saturday 5.30 p.m.	Mrs. Sutapa Ghosh 9433956109
Raiganj	C/O Sukamal Ranjan Das, Milan Para, Raiganj	Sunday 5.00 p.m.	Mr. Sukamal Das 9614583948

Maynaguri	Anandanagar, P.O. & P.S.- Maynaguri, Jalpaiguri	Sunday 4.00 p.m.	Ms. Dipti Katham 9832669453
Cooch Behar			
Cooch Behar	C/O Bikas Das, Suniti Road Bye Lane, Biswas Para, Ward No.2 PO - Cooch Bihar	Sunday 5.00 p.m.	Mr. Dipankar Dey Sarkar 9733021796

For further query call to the following numbers:

For Kolkata Region:	Mr. Sajal Das 9830504970
For North 24 Pgs Region:	Mr. Rivu Nandi - 9830670740
For South 24 Pgs Region:	Mrs. Dola Mukherjee - 9830232361
For Howrah Region:	Mrs. Kamaljit Saund - 9051847654
For Midnapur & Nadia Region:	Mr. Biplab Das - 9330933875
For Hooghly Region:	Mr. Jayanta Bhattacharya – 9830571497 Mr. Joydeep Pal - 9804280686 Mr. Narendra Bhakat - 8609599533
For Malda, Murshidabad, Birbhum & Bankura Region:	Mr. Amit Shaw - 9163792099
For Burdwan & Purulia Region:	Mr. Dilip Todi – 9434026930 Mr. Dhanuk Kumar Shaw-9232096484
For North Bengal Region:	Mr. Subrata Mondol - 9434818788 Mrs. Milli Sinha 9434427285