



Shri Kartikeya

The Negativity Destroying Power



The One Who Protects
The One Who Destroys All Evil
The One Who Is The Dynamic Commander



Kartikeya, the second son of Lord Shiva and Goddess Parvati (Shakti), is known by many names like Subrahmaniam, Shanmukha, Shadanana, Skanda etc. In southern India, Shri Kartikeya is a popular deity and is better known as Murugan.

Shri Kartikeya – The Birth Story

Once upon a time on the Earth the terror of Surpadma and his brothers, Singhmukha and Tadakasura, had reached its peak. Tadakasura had the boon that only the son of Shiva and Parvati could destroy him. But Lord Shiva, after Sati's self-immolation, leaving all the shackles of attachment behind, went into deep meditation & penance.



In such a situation, it was difficult for Him to develop attraction for Devi Parvati. Kaamdev or Cupid's arrow finally made Him feel attracted towards Parvati. Though he had consumed Cupid in his anger – for breaking His meditation, the flame of anger hidden within Shiva was not yet extinguished. Due to its immense heat, Agni Dev (God of Fire) dropped His flame in River Ganges and she took this flame to Sharvana forest where six children were born out of it.

These kids were raised by six Kritika girls (six stars of Kritika Nakshatra) roaming in that forest. When Mother Parvati saw her sons, they all turned into an infant with six heads. Due to the upbringing by Kritikas, he got his name as Kartikeya.

Kartikeya: The God of War

Shri Kartikeya is a symbol of valour and is God of war. He is born only to destroy demons, that is, he destroys the negative tendencies of human beings. Symbolizing Shri Kartikeya's six faces, one of his names is Shadanana, that is, who has six heads. His six heads symbolizes five senses and mind. They also point out that if man wants to lead himself efficiently in this battle of life he must always be alert to six demonic vices. which are – lust, anger, greed, attachment, ego and jealousy.

His six heads enabled him to see in all directions. This important feature of his ensures that Shri Kartikeya is able to counter attacks from all directions.



Shri Kartikeya is holding a spear in one hand and his other hand always blesses the devotees. His vehicle is sacred bird peacock that holds the serpent with its feet. This serpent symbolizes the ego and desires of the people. The peacock symbolizes the destruction of our harmful habits and the triumph over sensual desires. In this way, his life always inspires us to overcome negative behaviour.

Festivals Honouring Lord Kartikeya

Kartik Puja– It is a Hindu Bengali festival and is more popular in West Bengal. This festival is celebrated with great enthusiasm just like Durga Puja on the last day of the Bengali Kartik month.

Kartik Deepam– One of the major festivals for the worship of Lord Kartikeya is Kartik Dipam. It is a festival of lights which is mainly celebrated by Hindu Tamils. It is celebrated to commemorate the birth anniversary of Shri Kartikeya in Kartik Nakshatra.

Thaipusam – It is also celebrated by the people of Tamil community. It is believed that on this day Goddess Parvati gave a divine spear to Lord Murugan to vanquish the demon army of Tadakasura. Therefore, Thaipusam is a celebration of the victory of good over evil.

Sri Kartikeya – Commander in Chief

Shri Kartikeya is said to be the Chief of the army of devas. He is the captain or leader of all ganas i.e. he commands them. Being in command is different from being the owner.

Ownership is lost somewhere when you are in command and this is the state we have to achieve. He has the command of innocence in his hands and gives us the power to control others and self. In men, the power of command others comes from eloquence, from their being dynamic, through their personal achievements. For women it comes from their power of love, from their tolerance, through their beautiful behavior, forgiveness, compassion.

When a person has command over himself, he is not affected by any harmful habit. Rather, he always shows bravery to conquer these bad habits and vices. Such a person is never a victim of cigarette, alcohol or drug addiction nor does he have to deal with thoughts like depression or suicide. At the same time, the power of Shri Kartikeya also protects us from the ill effects of black magic and tantric attacks.

Qualities of Shri Kartikeya and Sahaja Yoga

But how can these qualities be awakened inside oneself? This is not possible only by worshiping him or talking or reading about him. **Shri Mataji Nirmala Devi has made it easily possible through Sahaja Yoga Meditation. She has made it possible for ordinary humans to unite with God's power, that is spread all around us, by spontaneously awakening our Kundalini power.**

For our evolution and spiritual enlightenment, seven chakras and Kundalini shakti are located in our spinal chord. All these chakras are responsible for our physical, mental, emotional and spiritual well-being. When Kundalini awakens, it nurtures the chakras and organizes them and connects us with the omnipresent power of divine love of God. An important benefit of Kundalini awakening and nurturing of chakras will be that an inner balance will be established in the person and he will become healthy.

With the awakening of Kundalini power in a person, the qualities of all chakras begin to nourish. When this power touches our right Mooladhara chakra and provides nourishment, then the presiding deity of this chakra, **Shri Kartikeya, blesses the person with his qualities and powers. Thus through Sahaja Yoga, man conquers his harmful habits, negative thoughts and tantric attacks.**

Shri Kartikeya resides on Right side of our Mooladhara Chakra of our Subtle System.

**Awaken your divine powers
Get your self-realization.**

**Sahaja Yoga meditation
is always free.**



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Sahaja Yoga Collective wishes you all a very happy Kartik Deepam

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